

Scotch College Year 10 Karijini Programme Participant Equipment Checklist

Essential and Personal Items for the Plane Flight to Karijini

- ☐ 1 x Day pack – packed with the items listed below
- ☐ 1 x Shorts – quick dry recommended
- ☐ 1 x Wide brim hat – NO caps
- ☐ 1 x Non-slip **DUNLOP VOLLEY SHOES** for canyoning – NO OTHER SHOES are acceptable
 - <https://volley.com.au/adults/featured/shop-all-shoes/heritage-low-black-black> OR
 - https://volley.com.au/sneakers/adult-sneakers/classic-canvas-black_grey
- ☐ 1 x Nalgene wide mouth 1 litre water bottle
- ☐ 1 x Sunscreen 30+ SPF (minimum 100mls)
- ☐ Personal medications – must be in a labelled zip lock bag. Must also be noted in medical form.

Essential and Personal Items for the Expedition – in Large Backpack

- ☐ 1 x Wetsuit – **full steamer ESSENTIAL** – must be **close fitting**. Some available for loan.
- ☐ 1 x Sleeping bag – **COMPACT TYPE is essential**, with stuff sack or compression bag
- ☐ 1 x Headtorch and plenty of spare batteries to suit – pack in a zip lock bag
- ☐ 1 x Insect repellent (100 – 150mls), NO aerosol please
- ☐ 1 x Toothbrush and toothpaste
- ☐ 1 x Lip-balm
- ☐ 2 x **TOUGH 2 LITRE** water bottles (**4 LITRES carrying capacity**). Empty soft drink or Mt Franklin bottles work well – NO milk, juice, cordial, or other similar bottles – these will leak and you will have no water
- ☐ 1 x 1 Litre plastic food container with a screw top – stores breakfast cereal
- ☐ 1 x Large bowl – plastic or metal, NOT glass or ceramic
- ☐ 1 x Knife, spoon and fork
- ☐ 1 x Drinking mug – plastic or metal, NOT glass or ceramic
- ☐ 2 x Tea towels
- ☐ 4 x Tough plastic bags large (to be used for waterproofing, storing wet/dirty clothes)

Clothes – Don't bring more than is listed – it takes up valuable space and isn't needed. Bring old clothing as it will get filthy.

- ☐ 1 x Pair of **good quality walking boots/shoes** – must be enclosed and well worn-in (not worn-out!) to avoid blisters. **Leather keeps out spinifex**
- ☐ 1 x Quality rain jacket – **WATERPROOF** not water-resistant
- ☐ 1 x Rash vest – must protect from sunburn, otherwise quick dry long-sleeve shirt
- ☐ 1 x Pair of thermal underwear top and pants – must be polypropylene or wool, **NO COTTON**
- ☐ 1-2 x Warm jumpers – wool or polar fleece **it can be VERY cold in the gorges**
- ☐ 1 x Warm tracksuit or long pants
- ☐ 2 x T-shirts
- ☐ 1 x Lightweight long-sleeve hiking shirt for sun protection (old business shirt / farm shirt)
- ☐ Socks and underwear

Participant Equipment Checklist Continued

Optional Recommended Items

- ☐ 1 x Sleeping bag liner (silk is light and dries quickly)
- ☐ 1 x Camera – must be waterproof and tough (disposable is good)
- ☐ 1 x Sunglasses
- ☐ 1 x Watch
- ☐ 1 x Handkerchief / bandana
- ☐ 1 x Beanie
- ☐ 1 x Zinc 30+ SPF

Items for the Last Night and RETURN Flight – Keep separate

- ☐ 1 x Tracksuit, long pants or shorts
- ☐ 1 x T-shirt or long-sleeve shirt
- ☐ 1 x Small towel, soap, shampoo
- ☐ 1 x Socks and underwear
- ☐ Money for snacks at airport – **RETURN Flight only!**

Expedition Equipment – Provided by Scotch / Outdoor Discoveries

- ☐ Trangia cooking stoves, fuel bottles, woks etc
- ☐ All food
- ☐ Hygiene equipment – handwash bag and liquid, toilet paper etc
- ☐ Group equipment – dishwash, oil, matches etc
- ☐ Good quality two or three person free standing tent to share
- ☐ Good quality internal frame hiking backpack
- ☐ Sleeping mat – bring your own **COMPACT inflatable type** if you have one
- ☐ Small backpacking seat
- ☐ Harness, helmets and gear set
- ☐ Emergency equipment – first aid kit, stretcher, satellite phone and emergency response plans