## Outdoor Learning and Adventure Cape to Cape – Margaret River WA



**Sunday 21st September – Friday 26th September 2025** PACKING LIST

Camp Equipment			
QUANTITY	ITEM	PACKED	
1-2	Shirts (nighttime)		
1-2	Shorts		
1	Warm jacket (down jacket or fleece)		
1	Beanie		
1	Track suit pants		
1	Sleeping clothes		
1	Underwear for 6 days		
1	Sunglasses		
1	Pillow (small inflatable, must fit in duffel bag)		
1	Crocs or sandals (around camp)		
1	Towel (lightweight)		
1	Toiletries (toothbrush & paste – keep it simple)		
1	Sunscreen/Zinc		
2	2L water bottle (name labelled) *4L carrying capacity		
1	Head torch (spare batteries)		
2	Garbage bags (to transport wet/dirty clothes)		
1	Sleeping bag (0 degree rated – small & light weight)		
1	Sleeping mat (optional, will be supplied but welcome to bring own small & inflatable)		
1	Pillow (inflatable & small)		
1	Medications (must be dropped off at Heath Centre prior to departure)		
1	Small cool bag (fresh food for week, share between cooking partner)		
1	Mess kit (bowl, mug, knife, fork & spoon) must be lightweight*		

Hike Equipment		
QUANTITY	ITEM	PACKED
1	Hiking Shoes (well-worn in & waterproof)	
2-3	Collared shirts (suitable for walking, lightweight/quick dry)	
1-2	Shorts (suitable for walking, quick dry)	
3-4	Socks (suitable for hiking, NOT sport socks)	
1	Wide brim hat	
1	Rain jacket	

Please feel free to bring along a disposable camera or GoPro, mobile phones will not be permitted to take photos.